

Curriculum Vitae

Alexandra D. Convertino, M.S.

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EDUCATION

- San Diego State University/University of California San Diego** San Diego, CA
Doctor of Philosophy in Clinical Psychology, anticipated 2024 Aug. 2018 – present
Behavioral Medicine Track
Emphasis in Quantitative Methods
Faculty Advisor: Aaron J. Blashill, Ph.D.
Dissertation Title: Stress as a Spectrum: Associations of Stress and Trauma with Disordered Eating
- San Diego State University** San Diego, CA
Master of Science in Clinical Psychology Aug. 2018 – Dec. 2020
Faculty Advisor: Aaron J. Blashill, Ph.D.
Thesis Title: An Integrated Model of Eating Disordered Behavior in Sexual Minority Young Adults
- Northeastern University** Boston, MA
Bachelor of Science in Psychology Sept. 2011 – May 2015
Summa Cum Laude
Minor in Women's, Gender, and Sexuality Studies
Concentration in Applied Behavior Analysis
Senior Honors Thesis Title: Body Dissatisfaction Following Exposure to Media Images: The Role of Photoshopping

GRANTS & FELLOWSHIPS

- 2022 – 2023 **Completion of Research and Creative Activity (CORE) Fellowship**
Role: Principal Investigator
Funding Source: San Diego State University
Title: Ecological Momentary Assessment of Eating and Stress
Total Funds: \$3,755
- 2020 – 2024 **National Science Foundation Graduate Research Fellowship**
Funding Source: National Science Foundation
Title: Body Image Threat Responsivity in Gay and Heterosexual Men: The Role of Physiological Reactivity
Total Funds: \$138,000
- 2019 **APAGS/Psi Chi Junior Scientist Fellowship**
Role: Principal Investigator
Funding Source: American Psychological Association and Psi Chi Psychology Honor Society
Title: Body Image Threat Responsivity in Gay and Heterosexual Men: The Role of Physiological Reactivity
Total Funds: \$1,000

- 2019 – 2020 **University Graduate Fellowship**
Funding Source: San Diego State University
Total Funds: \$25,000
- 2014 – 2015 **Honors Undergraduate Research and Creative Endeavor Grant**
Role: Principal Investigator
Funding Source: Northeastern University
Title: Body Dissatisfaction Following Exposure to Media Images: The Role of
 Photoshopping
Total Funds: \$1,000
- 2014 – 2015 **Provost's Office Undergraduate Research and Creative Endeavors Award**
Role: Principal Investigator
Funding Source: Northeastern University
Title: Body Dissatisfaction Following Exposure to Media Images: The Role of
 Photoshopping
Total Funds: \$1,000
- 2014 **Paul and Grace Ward Martinez ('48) Co-op Fellowship**
Funding Source: Northeastern University
Total Funds: \$5,000

AWARDS AND HONORS

Dorathe Frick Memorial Scholarship, <i>San Diego State University</i>	2020
APAGS Student Diversity Initiative Award (co-author), <i>American Psychological Association</i>	2019
College of Science Class Marshal, <i>Northeastern University</i>	2015
Psychology Department Faculty Scholar Award, <i>Northeastern University</i>	2015
President's Award for Outstanding Scholarship, <i>Northeastern University</i>	2014, 2015
Psi Chi Psychology Honor Society, <i>Northeastern University</i>	2013
College of Science Dean's List, <i>Northeastern University</i>	2011–2015
University Honors Program, <i>Northeastern University</i>	2011
Dean's Scholarship, <i>Northeastern University</i>	2011

UNDER REVIEW PUBLICATIONS

* denotes mentee

1. *Mendoza, R. R., **Convertino, A. D.**, & Blashill, A. J. (under review). A longitudinal study of potentially traumatic events and binge-purge eating disorder onset in children.

PEER REVIEWED PUBLICATIONS

* denotes mentee

27. **Convertino, A. D.** & *Mendoza, R. R. (in press). Posttraumatic stress disorder, traumatic events, and longitudinal eating disorder treatment outcomes: A systematic review. *International Journal of Eating Disorders*. <https://doi.org/10.1002/eat.23933>

26. **Convertino, A. D.**, Elbe, C. I., *Mendoza, R. R., Calzo, J. P., Brown, T. A., Siegel, J. A., Jun, H., Corliss, H. L., & Blashill, A. J. (2022). Internalization of muscularity and thinness ideals: Associations with body dissatisfaction, eating disorder symptoms, and muscle dysmorphic symptoms in at risk sexual minority men. *International Journal of Eating Disorders*, 55(12), 1765-1776. <https://doi.org/10.1002/eat.23829>
25. Claudat, K., Reilly, E. E., **Convertino, A. D.**, Trim, J., Cusack, A. & Kaye, W. H. (2022). Integrating evidence-based PTSD treatment into intensive eating disorders treatment: a preliminary investigation. *Eating and Weight Disorders*, 27, 2599-3607. <https://doi.org/10.1007/s40519-022-01500-9>
24. **Convertino, A. D.**, Morland, L. A., & Blashill, A. J. (2022). Trauma exposure and eating disorders: Results from a United States nationally representative sample. *International Journal of Eating Disorders*, 55(8), 1079-1089. <https://doi.org/10.1002/eat.23757>
23. Frederick, D. A., Tylka, T. L., Rodgers, R. F., Pennesi, J.-L., **Convertino, L.**, Parent, M. C., Brown, T. A., Compte, E. J., Cook-Cottone, C. P., Crerand, C. E., Malcarne, V. L., Nagata, J. M., Perez, M., Pila, E., Schaefer, L. M., Thompson, J. K., & Murray, S. B. (2022). Pathways from sociocultural and objectification constructs to body satisfaction among women: The U.S. Body Project I. *Body Image*, 41, 195–208. <https://doi.org/10.1016/j.bodyim.2022.02.001>
22. Frederick, D. A., Hazzard, V. M., Schaefer, L. M., Rodgers, R. F., Gordon, A. R., Tylka, T. L., Pennesi, J.-L., **Convertino, L.**, Parent, M. C., Brown, T. A., Compte, E. J., Cook-Cottone, C. P., Crerand, C. E., Malcarne, V. L., Nagata, J. M., Perez, M., Pila, E., Thompson, J. K., & Murray, S. B. (2022). Sexual orientation differences in pathways from sociocultural and objectification constructs to body satisfaction: The U.S. Body Project I. *Body Image*, 41, 181–194. <https://doi.org/10.1016/j.bodyim.2022.02.002>
21. Frederick, D. A., Schaefer, L. M., Hazzard, V. M., Rodgers, R. F., Tylka, T. L., Ong, L. Q., Pennesi, J.-L., **Convertino, L.**, Parent, M. C., Brown, T. A., Compte, E. J., Cook-Cottone, C. P., Crerand, C. E., Malcarne, V. L., Nagata, J. M., Perez, M., Pila, E., Kevin Thompson, J., & Murray, S. B. (2022). Racial identity differences in pathways from sociocultural and objectification constructs to body satisfaction: The U.S. Body Project I. *Body Image*, 41, 140–155. <https://doi.org/10.1016/j.bodyim.2022.01.019>
20. Frederick, D. A., Gordon, A. R., Cook-Cottone, C. P., Brady, J. P., Reynolds, T. A., Alley, J., Garcia, J. R., Brown, T. A., Compte, E. J., **Convertino, L.**, Crerand, C. E., Malcarne, V. L., Nagata, J. M., Parent, M. C., Pennesi, J.-L., Perez, M., Pila, E., Rodgers, R. F., Schaefer, L. M., ... Murray, S. B. (2022). Demographic and sociocultural predictors of sexuality-related body image and sexual frequency: The U.S. Body Project I. *Body Image*, 41, 109–127. <https://doi.org/10.1016/j.bodyim.2022.01.010>
19. Frederick, D. A., Tylka, T. L., Rodgers, R. F., **Convertino, L.**, Pennesi, J.-L., Parent, M. C., Brown, T. A., Compte, E. J., Cook-Cottone, C. P., Crerand, C. E., Malcarne, V. L., Nagata, J. M., Perez, M., Pila, E., Schaefer, L. M., Thompson, J. K., & Murray, S. B. (2022). Pathways from sociocultural and objectification constructs to body satisfaction among men: The U.S. Body Project I. *Body Image*, 41, 84–96. <https://doi.org/10.1016/j.bodyim.2022.01.018>
18. Frederick, D. A., Crerand, C. E., Brown, T. A., Perez, M., Best, C. R., Cook-Cottone, C. P., Compte, E. J., **Convertino, L.**, Gordon, A. R., Malcarne, V. L., Nagata, J. M., Parent, M. C., Pennesi, J.-L., Pila, E., Rodgers, R. F., Schaefer, L. M., Thompson, J. K., Tylka, T. L., & Murray, S. B. (2022). Demographic predictors of body image satisfaction: The U.S. Body Project I. *Body Image*, 41, 17–31. <https://doi.org/10.1016/j.bodyim.2022.01.011>
17. Frederick, D. A., Pila, E., Malcarne, V. L., Compte, E. J., Nagata, J. M., Best, C. R., Cook-Cottone, C. P., Brown, T. A., **Convertino, L.**, Crerand, C. E., Parent, M. C., Pennesi, J.-L., Perez, M., Rodgers, R. F.,

- Schaefer, L. M., Thompson, J. K., Tylka, T. L., & Murray, S. B. (2022). Demographic predictors of objectification theory and tripartite influence model constructs: The U.S. Body Project I. *Body Image*, 40, 182–199. <https://doi.org/10.1016/j.bodyim.2021.12.012>
16. **Convertino, A. D.**, & Blashill, A. J. (2022). Psychiatric comorbidity of eating disorders in children between the ages of 9 and 10. *Journal of Child Psychology and Psychiatry*, 63(5), 519–526. <https://doi.org/10.1111/jcpp.13484>
 15. **Convertino, A. D.**, Helm, J. L., Pennesi, J-L., Gonzales IV, M., & Blashill, A. J. (2021). Integrating minority stress theory and the tripartite influence model: A model of eating disordered behavior in sexual minority young adults. *Appetite*, 163. <https://doi.org/10.1016/j.appet.2021.105204>
 14. **Convertino, A. D.**, Brady, J. P., Grunewald, W., & Blashill, A. J. (2021). Intimate partner violence and muscularity-building behavior in Latino sexual minority men. *Eating Disorders: The Journal of Treatment & Prevention*, 29(3), 245–259. <https://doi.org/10.1080/10640266.2021.1891371>
 13. Klimek, P., **Convertino, A. D.**, Pennesi, J., Gonzales, M., Roesch, S. C., Nagata, J. M., & Blashill, A. J. (2021). Confirmatory factor and measurement invariance analyses of the Eating Disorder Examination Questionnaire in sexual minority men and women. *International Journal of Eating Disorders*, 54(5), 745–754. <https://doi.org/10.1002/eat.23488>
 12. Klimek, P., **Convertino, A. D.**, Gonzales IV, M., Roesch, S. C., Blashill, A. J. (2021). Confirmatory factor and measurement invariance analyses of the Drive for Muscularity Scale in sexual minority men and women. *Psychology of Sexual Orientation & Gender Diversity*, 9(2), 236–243. <https://doi.org/10.1037/sgd0000472>
 11. **Convertino, A. D.**, Brady, J. P., Albright, C. A., Gonzales IV, M., & Blashill, A. J. (2021). The role of sexual minority stress and community involvement on disordered eating, dysmorphic concerns and appearance- and performance-enhancing drug misuse. *Body Image*, 36, 53-63. <https://doi.org/10.1016/j.bodyim.2020.10.006>
 10. Rozzell, K. N., Carter, C., **Convertino, A. D.**, Gonzales IV, M., & Blashill, A. J. (2020). The Dysmorphic Concern Questionnaire: Measurement invariance by gender and race/ethnicity among sexual minority adults. *Body Image*, 35, 201-206. <https://doi.org/10.1016/j.bodyim.2020.08.010>
 9. Grunewald, W., **Convertino, A. D.**, Safren, S. A., Mimiaga, M. J., O’Cleirigh, C., Mayer, K. H., & Blashill, A. J. (2020). Appearance discrimination and binge eating among sexual minority men. *Appetite*, 156. <https://doi.org/10.1016/j.appet.2020.104819>
 8. Schumacher, L. M., Martinelli, M. K., **Convertino, A. D.**, Forman, E. M., & Butryn, M. L. (2020). Weight-related information avoidance prospectively predicts poorer self-monitoring and engagement in a behavioral weight loss intervention. *Annals of Behavioral Medicine*, 5(22), 103-111. <https://doi.org/10.1093/abm/kaaa034>
 7. Remmert, J. E., **Convertino, A. D.**, Roberts, S. R., Godfrey, K. M., & Butryn, M. L. (2019). Stigmatizing weight experiences in health care: Associations with BMI and eating behaviours. *Obesity Science & Practice*, 5(6), 555–563. <https://doi.org/10.1002/osp4.379>
 6. **Convertino, A. D.**, Gonzales IV, M., Malcarne, V. L., & Blashill, A. J. (2019). A psychometric investigation of the Sociocultural Attitudes Towards Appearance Questionnaire-4-Revised among sexual minority adults in the U.S. *Body Image*, 31, 96–101. <https://doi.org/10.1016/j.bodyim.2019.08.013>

5. Call, C. C., Schumacher, L. M., Rosenbaum, D. L., **Convertino, A. D.**, Zhang, F., & Butryn, M. L. (2019). Participant and interventionist perceptions of challenges during behavioral weight loss treatment. *Journal of Behavioral Medicine*, 42(2), 353–364. <https://doi.org/10.1007/s10865-018-9965-0>
4. Kerrigan, S. G., Clark, M., **Convertino, A.**, Forman, E. M., & Butryn, M. L. (2018). The association between previous success with weight loss through dietary change and success in a lifestyle modification program. *Journal of Behavioral Medicine*, 41(2), 152–159. <https://doi.org/10.1007/s10865-017-9883-6>
3. Rosenbaum, D. L., Clark, M. H., **Convertino, A. D.**, Call, C. C., Forman, E. M., & Butryn, M. L. (2018). Examination of nutrition literacy and quality of self-monitoring in behavioral weight loss. *Annals of Behavioral Medicine*, 52(9), 809–816. <https://doi.org/10.1093/abm/kax052>
2. **Convertino, A. D.**, Rodgers, R. F., Franko, D. L., & Jodoin, A. (2016). An evaluation of the Aerie Real campaign: Potential for promoting positive body image? *Journal of Health Psychology*, 24(6), 726–737. <https://doi.org/10.1177/1359105316680022>
1. Rodgers, R. F., Wilking, C., Gottlieb, M., Daynard, R., Lovering, M., Matsumoto, A., Luk, S., Naab, P., Iannuccilli, A., Shoemaker, H., **Convertino, A.**, & Franko, D. L. (2016). A qualitative study of the decision to engage in tanning behaviors among female college students. *Revue Européenne de Psychologie Appliquée/European Review of Applied Psychology*, 66(1), 1–8. <https://doi.org/10.1016/j.erap.2015.11.003>

BOOK CHAPTERS

1. **Convertino, A. D.**, Albright, C. A., & Blashill, A. J. (2021). Eating disorders and related symptomatology in sexual minority men and boys. In J. M. Nagata, T. A. Brown, S. B. Murray, & J. M. Lavender (Eds.), *Eating Disorders in Boys and Men* (1st ed.). Springer.

CONFERENCE PRESENTATIONS

* denotes mentee

34. *Mendoza, R.R., **Convertino, A.D.**, & Blashill A.J. (2023, June 1-3). *Differences Between Bisexual and Gay Men in Associations Between Sociocultural Constructs and Eating Pathology* [Poster presentation]. International Conference for Eating Disorders, Washington, DC.
33. *Mendoza, R. R., **Convertino, A. D.**, & Blashill A. J. (2023, March 3-4). *Examining Associations of Borderline Personality Disorder Symptoms and Eating Disorder Diagnosis* [Oral presentation]. San Diego State University Student Symposium (S³), San Diego, CA.
32. Brown, T. A., Klimek-Johnson, P., **Convertino, A. D.**, Douglas, V. J., Pachankis, J., & Blashill, A. J. (2022, November 17-20). A pilot intervention of a novel eating disorder treatment for sexual minority men and women. In T. Myers (Chair), *Eating pathology in sexual and gender minority individuals: Prevalence, related sociocultural factors, and treatment* [Symposium]. Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York, NY, United States.
31. *Mendoza, R. R., **Convertino, A. D.**, & Blashill A. J. (2022, October 27-29). *Muscular ideal internalization and muscularity-oriented eating behaviors: The role of negative affect* [Poster presentation]. National Diversity in STEM Conference, San Juan, Puerto Rico.

30. *Mendoza, R. R., **Convertino, A. D.**, & Blashill A. J. (2022, October 21). *Muscular ideal internalization and muscularity-oriented eating behaviors: The role of negative affect* [Oral presentation]. San Diego State University Undergraduate Research Symposium, San Diego, CA.
29. *Mendoza, R. R., **Convertino, A. D.**, & Blashill A. J. (2022, April 6-9). *Traumatic life events and eating disorder prevalence in children between the ages of 9 and 10* [Poster presentation]. Society of Behavioral Medicine 43rd Annual Meeting and Scientific Sessions, Baltimore, MD, United States.
28. *Mendoza, R. R., **Convertino, A. D.**, & Blashill A. J. (2022, March 4-5). *A longitudinal study of trauma and the development of eating disorders in children* [Conference session]. San Diego State University Student Research Symposium, San Diego, CA, United States.
27. *Mendoza, R. R., **Convertino, A. D.**, & Blashill A. J. (2022, January 14-15). *Traumatic life events and eating disorder prevalence in children between the ages of 9 and 10* [Poster presentation]. Diversifying Clinical Psychology Conference, San Diego, CA, United States.
*Poster Presentation Award
26. **Convertino, A. D.**, Brown, T. A., Calzo, J. P., Pennesi, J-L., & Blashill, A. J. (2021, November 18-21). Internalization of muscularity and thinness: Associations with body dissatisfaction, cognitive restraint, and muscle dysmorphic symptoms in sexual minority men. In **A. D. Convertino** (Chair), *Body image and eating pathology in sexual and gender minority individuals: Risk and protective factors* [Symposium]. Association for Behavioral and Cognitive Therapies 55th Annual Convention, New Orleans, LA, United States.
25. *Mendoza, R. R., **Convertino, A. D.**, Blashill A. J. (2021, November 10-13). *Muscularity-oriented eating pathology in college men: Associations with body ideal internalization and appearance pressures* [Poster presentation]. Annual Biomedical Research Conference for Minority Students, Washington, DC, United States.
*Poster Presentation Award
24. *Mendoza, R. R., **Convertino, A. D.**, Blashill A. J. (2021, October 15) *Muscular-Oriented Eating Pathology in College Men: Associations with body ideal internalization and appearance pressures* [Oral presentation]. San Diego State University Undergraduate Research Symposium, San Diego, CA.
23. **Convertino, A. D.** & Blashill, A. J. (2021, June 10-12). *Psychiatric comorbidity of eating disorders in children between the ages of 9 and 10* [Paper presentation]. 2021 International Conference on Eating Disorders, Monterrey, NL, Mexico.
22. **Convertino, A. D.**, Brady, J. P., Grunewald, W., & Blashill, A. J. (2021, June 10-12). *Intimate partner violence and muscularity-building behavior in Latino sexual minority men* [Paper presentation]. 2021 International Conference on Eating Disorders, Monterrey, NL, Mexico.
21. **Convertino, A. D.**, Gonzales IV, M., & Blashill, A. J. (2021, March 18-19). Muscularity dissatisfaction and behaviors in sexual minority individuals: The role of community involvement. In C. Crerand (Chair), *Understanding risk and maintenance factors for body image disturbance in diverse psychiatric and non-psychiatric samples* [Symposium]. Anxiety and Depression Association of America Annual Conference, Boston, MA, United States.
20. **Convertino, A. D.**, Helm, J. L., Pennesi, J-L., Gonzales IV, M., & Blashill, A. J. (2020, November 19-22). *An integrated model of eating disordered behavior in sexual minority young adults* [Poster presentation]. Association for Behavioral and Cognitive Therapies 54th Annual Convention, Philadelphia, PA, United States.

19. Pennesi, J-L., Helm, J. L., **Convertino, A. D.**, & Blashill, A. J. (2020, November 19-22). *Test and extension of the dual-pathway model for bulimic pathology and muscle-building behavior in men: A daily diary study* [Poster presentation]. Association for Cognitive and Behavioral Therapies 54th Annual Convention, Philadelphia, PA, United States.
18. Rozzell, K. N., Carter, C., **Convertino, A. D.**, Gonzales IV, M., & Blashill, A. J. (2020, November 19-22). *An assessment of the Dysmorphic Concern Questionnaire: Measurement invariance by gender and race/ethnicity among sexual minority adults* [Poster presentation]. Association for Behavioral and Cognitive Therapies 54th Annual Convention, Philadelphia, PA, United States.
17. Grunewald, W., **Convertino, A. D.**, Safren, S. A., Mimiaga, M. J., O'Cleirigh, C., Mayer, K. H., & Blashill, A. J. (2020, April 1-4). *Association between appearance-based discrimination and binge eating disorder among sexual minority men* [Poster presentation]. Society of Behavioral Medicine 41st Annual Meeting and Scientific Sessions, San Francisco, CA, United States.
16. **Convertino, A. D.**, & Blashill, A. J. (2019, November 21-24). *Association of everyday discrimination and eating pathology in a sample of sexual minority men* [Poster presentation]. Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA, United States.
15. **Convertino, A. D.**, Gonzales IV, M., & Blashill, A. J. (2019, April 16-21). *Sexual minority stress and community influence on disordered eating, dysmorphic concerns and appearance- and performance-enhancing drug misuse* [Conference session]. International Conference on Body Image and Health, Puerto Vallarta, JA, Mexico.
14. Remmert, J. E., **Convertino, A. D.**, Roberts, S. R., Godfrey, K. M., & Butryn, M. L. (2019, March 6-9). *The relationship between stigmatizing weight experiences in healthcare, BMI, and eating behaviors* [Paper presentation]. Society of Behavioral Medicine 40th Annual Meeting and Scientific Sessions, Washington D.C, United States.
13. Schumacher, L. M., Martinelli, M., **Convertino, A. D.**, Forman, E. M., & Butryn, M. L. (2019, March 6-9). *Weight-related information avoidance as a predictor of self-monitoring compliance in a behavioral weight management program* [Poster presentation]. Society of Behavioral Medicine 40th Annual Meeting and Scientific Sessions, Washington DC, United States.
12. Call, C. C., Sininsky, S., **Convertino, A. D.**, Roberts, S. R., & Butryn, M. L. (2018, August 9-12). *Behavioral and psychological factors that counteract physical activity during behavioral weight loss* [Poster presentation]. 2018 American Psychological Association Annual Convention, San Francisco, CA, United States.
11. **Convertino, A. D.**, Forman, E. M., & Butryn, M. L. (2018, April 19-21). *Emotional eating in obesity: Who experiences the benefits of treatment?* [Poster presentation]. 2018 International Conference on Eating Disorders, Chicago, IL, United States.
10. Butryn, M. L., **Convertino, A. D.**, Forman, E. M., Lowe, M. R., & Sherwood, N. E. (2018, April 11-14). *Coaching in the kitchen: A pilot study of home-focused weight loss treatment* [Poster presentation]. Society of Behavioral Medicine 39th Annual Meeting and Scientific Sessions, New Orleans, LA, United States.
9. Butryn, M. L., Schumacher, L. M., Rosenbaum, D. L., **Convertino, A. D.**, & Zhang, F. (2018, April 11-14). *Participant and clinician perception of challenges during behavioral weight loss treatment* [Poster presentation]. Society of Behavioral Medicine 39th Annual Meeting and Scientific Sessions, New Orleans, LA, United States.
8. Remmert, J. E., Kerrigan, S., **Convertino, A. D.**, Call, C. C., Forman, E. M., & Butryn, M. L. (2018, April 11-14). *Happy holidays? Investigating the relationship between holiday season and behavioral weight*

- loss outcomes* [Poster presentation]. Society of Behavioral Medicine 39th Annual Meeting and Scientific Sessions, New Orleans, LA, United States.
7. Roberts, S. R., Remmert, J. E., **Convertino, A. D.**, & Butryn, M. L. (2018, April). *Hedonic hunger as a potential barrier to success in behavioral weight loss* [Poster presentation]. Society of Behavioral Medicine 39th Annual Meeting and Scientific Sessions, New Orleans, LA, United States.
 6. **Convertino, A. D.**, Call, C. C., Kerrigan, S. G., Butryn, M. L., & Forman, E. M. (2017, November 16-19). *Incidence and outcomes of exposure to trauma in a behavioral weight loss sample* [Poster presentation]. Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA, United States.
 5. Call, C. C., Clark, M. H., **Convertino, A. D.**, Lowe, M. R., Forman, E. M., & Butryn, M. L. (2017, June 8-10). *Pre-treatment weight suppression, eating pathology, depressive symptoms, and weight outcomes in a behavioral weight loss program* [Poster presentation]. 2017 International Conference on Eating Disorders, Prague, Czech Republic.
 4. Remmert, J. E., Kerrigan, S., **Convertino, A. D.**, Call, C. C., & Butryn, M. L. (2017, June 7-10). *Effects of season on physical activity in an overweight and obese sample: A perceived but untrue barrier* [Poster presentation]. International Society of Behavioral Nutrition and Physical Activity 16th Annual Meeting, Victoria, BC, Canada.
 3. Schumacher, L. M., Clark, M., **Convertino, A. D.**, Forman, E. M., & Butryn, M. L. (2017, March 29-April 1). *Obese adults' forecasted and actual experiences during physical activity: Is there a discrepancy?* [Poster presentation]. Society of Behavioral Medicine 38th Annual Meeting and Scientific Sessions, San Diego, CA, United States.
 2. Rodgers, R. F., **Convertino, A. D.**, Jodoin, A., Lowy, A., Long, S., Franko, D. L., & Kruger, L. (2016, June 28-30). *The effects of digital retouching: An evaluation of an industry-initiated advertising campaign without digital modification* [Poster presentation]. Appearance Matters 7 Conference, London, United Kingdom.
 1. Bullis, J. R., Farchione, T. J., **Convertino, A. D.**, & Barlow, D. H. (2013, November 21-24). Does sleep following exposure sessions influence clinical outcomes during treatment for anxiety disorders? In M. A. Kredlow (Chair), *The influence of sleep adequacy on symptom expression and treatment outcomes in anxiety and mood disorders* [Symposium]. Association for Behavioral and Cognitive Therapies 47th Annual Convention, Nashville, TN, United States.

RESEARCH EXPERIENCE

Body Image, Sexuality, and Health Laboratory , San Diego State University	San Diego, CA
<i>Graduate Research Assistant: A Brief, Peer Co-led, Group-Based Eating Disorder Prevention Program for Sexual Minority Young Adult Men (NIMHD R01MD012698)</i>	Aug. 2018 – present

Principal Investigator: Aaron J. Blashill, Ph.D.

Served as clinical assessor for trial testing a dissonance-based eating disorder prevention program for appearance-concerned sexual minority men. Duties include conducting psychodiagnostic assessments with the Eating Disorder Examination (EDE), Mini-International Neuropsychiatric Interview (MINI), Diagnostic Interview for Anxiety, Mood, and OCD and Related Neuropsychiatric Disorders (DIAMOND), and the Addiction Severity Index – Lite (ASI-Lite), determining psychiatric diagnoses, and evaluating study eligibility.

Center for Weight, Eating and Lifestyle Science, Drexel University Philadelphia, PA
Research Coordinator: Improving Weight Loss Maintenance by Using Digital Sept. 2017 – July 2018
Data Sharing to Provide Responsive Support and Accountability (NIDDK/
OBSSR R21DK112741)

Principal Investigator: Meghan L. Butryn, Ph.D.

Coordinated clinical intervention trial for obesity utilizing in-person and remote treatment with digital data collection to promote weight loss (N=90). Duties included conducting phone screening interviews to assess eligibility, facilitating digital device usage, submitting IRB applications and amendments, coordinating online data management software modifications, managing data entry, cleaning, and analysis in SPSS, and supervising research assistants.

Research Coordinator: An Innovative, Physical Activity-Focused Approach to June 2016 – Nov. 2017
Weight Loss Maintenance (NIDDK R01DK100345)

Principal Investigator: Meghan L. Butryn, Ph.D.

Coordinated clinical intervention trial on obesity focusing on physical activity and acceptance-based therapy (N=320). Duties included conducting literature reviews, contributing to grant applications, coordinating IRB applications and maintenance, tracking participant compliance with treatment sessions, coordinating clinical supervision meetings and treatment compliance, managing data entry, cleaning, and analysis in SPSS, and supervising research assistants.

Applied Psychology Program on Eating and Appearance Research, Boston, MA
 Northeastern University
Undergraduate Research Assistant Jan. 2014 – May 2016

Principal Investigators: Debra L. Franko, Ph.D., Rachel F. Rodgers, Ph.D.

Contributed to research on various projects regarding social influences on body satisfaction and corresponding behaviors, such as eating or artificial tanning. Duties included editing and authoring approximately 10 abstracts and papers, recruiting subjects, and collecting, cleaning, and coding data.

Senior Honors Thesis: Body Dissatisfaction Following Exposure to Media Images: The Role of
Photoshopping (Provost and Honors Program Endeavour Award)

Directed an independent research study on the effect of digital retouching on female undergraduate body dissatisfaction (N=200), from initial proposal development to execution, including thesis proposal, grant application submission, data analyses, and final publication. Adapted and reprogrammed the Implicit Relational Assessment Procedure to measure implicit negative body image as part of study development and trained undergraduate research assistants to administer the program.

CLINICAL EXPERIENCE

Psychology Department Clinic, San Diego State University San Diego, CA
Peer Supervisor July 2022 – present

Clinical Supervisor: Nader Amir, Ph.D.

Peer supervisor to student therapists in training clinic supervising a caseload of approximately five patients. Duties included providing feedback to trainees based on video observation and post-hoc discussion, recommending assessment tools, and evidence-based therapies to address client needs, and ensuring adherence to evidence-based protocols.

Eating Disorders Center for Treatment and Research, University of San Diego, CA

California San Diego

Trauma Therapist; Clinical Supervisor: Courtney Simpson, Ph.D. July 2022 – present

Trainee therapist in an adult partial hospitalization program for eating disorders with a weekly caseload of one to two patients. Duties included delivering evidence-based therapy for post-traumatic stress disorder including cognitive processing therapy and prolonged exposure to patients diagnosed with both an eating disorder and post-traumatic stress disorder.

Milieu Therapist; Clinical Supervisor: Ana L. Ramirez, Ph.D. July 2021 – June 2022

Trainee therapist in an adolescent partial hospitalization program for eating disorders conducting groups four weekly groups on various topics including media awareness, cognitive remediation, body image, and dialectal behavioral therapy skills. Duties included assessing for suicide risk, coaching adolescents through meals, and administering and interpreting neuropsychological and psychological assessments in integrated reports of psychosocial functioning.

Post-Traumatic Stress Disorder Clinic, Veterans Affairs San Diego San Diego, CA
Trainee Therapist July 2020 – June 2021

Clinical Supervisors: Stephanie P. Samph, Ph.D., Natalia Escobar Walsh, Ph.D.

Trainee therapist in a Veteran's Affairs mental health facility with a weekly caseload of four patients and one consult visit. Duties included conducting intake visits with diagnostic evaluations for post-traumatic stress disorder and related comorbidities and delivering evidence-based therapy for post-traumatic stress disorder including cognitive processing therapy and prolonged exposure with veterans who experienced a range of traumatic experiences (e.g., combat, sexual trauma, childhood, civilian). In addition, authored both weekly therapy notes and intake summaries.

Body Image, Sexuality, and Health Laboratory, San Diego State University San Diego, CA
Therapist: Enhanced Cognitive Behavioral Therapy for Sexual Minority Individuals Mar. 2020 – Dec. 2021

Clinical Supervisors: Aaron J. Blashill, Ph.D., Tiffany A. Brown, Ph.D.

Study therapist with a weekly caseload of two patients for a pilot research trial testing enhanced cognitive behavioral therapy for eating disorders adapted to address sexual minority stressors among sexual minority individuals. Duties included conducting therapeutic intervention in compliance with study protocol, authoring weekly therapy notes, and assessing for suicide risk.

Psychology Department Clinic, San Diego State University San Diego, CA
Student Therapist June 2019 – June 2020

Clinical Supervisors: Aaron J. Blashill, Ph.D., Leslie A. Morland, Psy.D.

Trainee therapist in a community mental health facility with a weekly caseload of five patients. Duties included conducting evidence-based therapy (e.g., cognitive behavioral therapy, cognitive processing therapy) with patients experiencing a range of mental health concerns including depression, anxiety, post-traumatic stress disorder, and eating disorders. In addition, conducted intake assessments, authored both weekly therapy notes and intake summaries, and administered and interpreted neuropsychological and personality assessments in integrated reports of psychological functioning.

Center for Weight, Eating and Lifestyle Science, Drexel University Philadelphia, PA
Group Interventionist and Assessor: An Innovative, Physical Activity-Focused June 2016 – Nov. 2017

Approach to Weight Loss Maintenance (NIDDK R01DK100345)

Clinical Supervisors: Meghan L. Butryn, Ph.D., Danielle Clauss, Ph.D.

Interventionist for an acceptance-based behavioral weight loss group (n=15) for overweight and obese adults, as well as conducting individual sessions for missed groups. Duties included presenting acceptance-based principles according to a manualized treatment, guiding participants to set concrete behavioral goals, and providing constructive feedback on weekly caloric intake/physical activity logs. In addition, conducted participant assessments with individuals every six months to evaluate changes in weight and physical fitness. Assessment procedures include administering a treadmill-based task, obtaining blood pressure measurements, assessing for physical activity impairments, and explaining research device use to participants (e.g., accelerometers and heart rate monitors).

Klarman Eating Disorders Center, McLean Hospital

Belmont, MA

Community Residence Counselor

May 2015 – May 2016

Clinical Supervisor: Judith Halperin, Psy.D.

As part of a 20-bed residential and partial care program, delivered direct clinical care of patients with diagnosed eating disorders, as well as comorbid diagnoses such as post-traumatic stress disorder, substance abuse, and anxiety disorders. Duties included conducting suicide and self-harm risk assessments, counseling patients in crisis, leading therapy groups, administering medication, and recording patient compliance with program requirements.

TEACHING EXPERIENCE

Department of Psychology, San Diego State University

San Diego, CA

Instructor of Record: Abnormal Psychology

Jan. 2022 – May 2022

Course was focused on the examination of psychological conditions, including terminology, classification, etiology, assessment, and treatment. Duties including developing course materials, preparing lecture material, communicating effectively with assigned teaching assistant, and grading both written essay materials and mixed method testing.

Department of Psychology, Hofstra University

Hempstead, NY

Guest Lecturer: Eating Disorders Seminar

March 2021

Lecture Title: Extensions of Sociocultural Models to New Populations

Instructor: Erin E. Reilly, Ph.D.

Invited lecture on modifications of the tripartite influence model and objectification theory to new populations, including men, sexual minority, gender minority, and racial minority individuals.

Department of Psychology, Northeastern University

Boston, MA

Teaching Assistant: Food, Behavior and Eating Disorders

Sept. 2013 – Dec. 2013

Instructor: Emily Fox-Kales, Ph.D.

Assisted Dr. Fox-Kales in teaching an undergraduate psychology course. Duties included conducting independent review sessions before exams, preparing and updating lecture material, and providing individual support to students in understanding lessons through email and in-person tutoring sessions.

PROFESSIONAL AFFILIATIONS

2017 – present Association for Behavior and Cognitive Therapies

2017 – present Academy for Eating Disorders

2018 – present American Psychological Association

SERVICE

2023 – present Member
Scholars for Elevating Equity & Diversity

2022 – present Newsletter Coordinator
*Eating Disorders and Eating Behavior Sig
Association for Behavior and Cognitive Therapies*

2020 and 2021 Student Selection Committee
*Behavioral Medicine Track
SDSU/UC San Diego Joint Doctoral Program*

2018 – 2021 Recruitment/Mentorship Subcommittee Member
*Justice, Equity, Diversity, and Inclusion Committee
SDSU/UC San Diego Joint Doctoral Program*

Ad-Hoc Reviewer:

Behavior Therapy
BMC Psychiatry
BMC Public Health
Body Image
Eating and Weight Disorders
Eating Behaviors
Eating Disorders: The Journal of Treatment and Prevention
International Journal of Eating Disorders
Journal of Adolescent Health
Journal of Men's Health
LGBT Health
PLOS One
Psychological Medicine
Psychology of Sexual Orientation and Gender Diversity
Sociological Focus